

Friends of the Lexington Council on Aging Virtual Meeting Minutes

January 20, 2022

Members Present: Peter Holland, Chair; Suzanne Caton, Sudhir Jain, Mickey Khazam, Lorain Marquis, Shirley Stolz, Jane Trudeau, Chris Worcester

Staff Present: Michelle Kelleher, Christine Dean, Melissa Interest

Old Business:

- Minutes of December 16, 2021 were not available for review.

Staff Reports:

- Michelle Kelleher reported that 40 people attended the January lunch and 50 people are signed up for the February lunch.
- There will be a Seniors trips on March 15, which is subsidized by FCOA. Trip will include a St. Patrick's Day performance and lunch. The minimum number of people signed up in order to conduct the trip is 40.
- A Chinese New Year program next week has been changed to Zoom.
- Two Regis College interns will be assisting with Seniors programming for the next 10 weeks.
- In response to a question from Mickey Khazam, Michelle responded that the OWLL committee sends their information to be added to the Sage newsletter directly to Gwen so Michelle does not know what OWLL programs will be listed in the next Sage.
- Michelle noted that a new health outreach position within the Human Services Department, which replaces the nurse position, will be filled mid-February.

COA Report:

Sudhir Jain reported that:

- The COA met with the Town Manager recently.
- The age-friendly housing program was discussed.
- Free Lexpress rides are still being discussed. 36% of the 1450 Lexpress rides were by Seniors.
- Of the 1120 Lex Connect rides, 705 were for medical appointments, 206 were for groceries, 209 for work and other needs.

Peter noted that the Senior free parking program is very useful and appreciated.

OWLL Report:

Jane Trudeau suggested that OWLL course information should be sent to other Town groups to increase interest.

Jane reported that about 200 people have registered for the Spring sessions already.

Lexington LifeTimes:

Suzanne reported that the Winter 2022 issue has been released. Mickey made some suggestions about possible advertisers for the next issue.

Bright Ideas:

Mickey suggested that a Bright Ideas grant might be used to deliver LifeTimes copies to local doctors' offices and the Veterans organization.

Publicity:

Peter reported on several articles that have been submitted to the local papers, mainly about OWLL courses and presenters.

Treasurer's Report:

- Lorain Marquis discussed the latest P&L statement.
- Shirley Stoltz gave the Treasurer's report.

New Business:

Jane asked Chris Worcester about her ideas concerning new health and wellness programs, for which Chris has donated specific funds to the FCOA. Chris is working with Michelle Interest and Human Services staff to come up with suggestions.

Shirley noted that she will be distributing stationery and stamps to the FCOA members who will be writing thank you notes to FCOA donors.

The next meeting of the FCOA will be on March 17.

Respectfully submitted by

Suzanne Caton, Clerk