

FCOA MINUTES OF  
NOVEMBER 15,2018 MEETING

Attending: Diana Bishop, Suzanne Caton, Rebecca Morris, Jane Trudeau

Guests: Peter Holland, Jack McDonough, Mary Burnell, Dorothy Tutko

Staff: Charlotte Rodgers, Melissa Interest, Hemali Shah

ARTIS Memory Care, Jane Baker, Carla Koehl

Minutes of October 2018 meeting were not voted upon because of lack of quorum.

Treasurers Report.

1. \$5000.00 received to date from our October fundraising letter. Envelopes still coming in.
2. We have raised \$2000.00 in ads for our Winter edition of LifeTimes. Artis Memory Care is taking a whole page ad for \$1000.00 and Joyce Murphy and Home Instead are each taking \$500.00 half page ads.

Staff Reports.

1. Charlotte Rodgers is retiring on Nov 30,2018. Janice purchased and we presented a beautiful throw blanket with FCOA and 2005 -2018 embossed on it to Charlotte in appreciation of her services to Seniors.
2. The Town is committed to improving Mental Health and Wellness across lifespans not just among young people. The Town has a two year contract with "Interface" a mental health referral service. When you call you speak to a person and your call is confidential. It operates, Monday through Friday from 9 to 5. The school department and the Town will share equally in the \$25,000.00 per year cost.
3. Hemali and Melissa are working on a program, "Diversity and Mental Health".
4. The Furnstahl Wellness fund will be used in the Spring for a program on Depression and Isolation and is used for the Art Therapy program.
5. A whole day program for 40 participants, "Live Your Life Well" is planned for the Spring.

Windowpane Shop Holiday Sale.

1. December 3 to Dec 21.
2. Our silent auction will take place from Dec 3 to Dec 15.
3. Our responsibility is to provide a poster and to volunteer to man a table during this period. We will send out a sign-up sheet. We also need to provide an estimate of the value of our gifts.
4. I am attaching a copy of the flyer staff has prepared which we will use for our poster.

Artis Memory Care Facility, Concord Avenue. For early to mid-stage Alzheimers and Dementia but residents can stay as long as the facility has the resources to provide adequate service.

1. Anticipated opening April/May possibly June/July.
2. Cost between \$ 8000 to \$9000. Per month.
3. There are 72 suites broken into 4 neighborhoods, each neighborhood has own dining room and recreation area. Respite care for short term stays will be available.

4. Nurses on duty 24 hours per day.