

## Friends of the Lexington Council on Aging Virtual Meeting Minutes

September 15, 2022

**Members Present:** Peter Holland (chair), Suzanne Caton, Sudhir Jain, Janice Kennedy, Mickey Khazam, Lorain Marquis, Jane Trudeau

**Staff Present:** Michelle Kelleher, Hemali Shah, Christine Dean

**Guest:** Betty Borghesani

### Old Business:

- Minutes of the May 19 and June 16 meetings were accepted.
- Peter reviewed the FCOA meeting calendar for 2022-23. He asked for feedback on whether a holiday party should be planned and whether our meetings should continue via Zoom or return to in-person participation. Betty Borghesani noted that the Community Center is setting up a room that can be used for hybrid meetings including both Zoom and in-person attendance.

### Staff Reports:

- Hemali reported that 2 flu clinics will be held at the Community Center at which the latest Covid booster might also be available:
  - 9/27 from 1 to 5 pm
  - 10/6 from 9 am to 1 pm
- Registration for the shots ahead of time is required.
- A Wellness Clinic will be held on 10/12 at the Masonic Headquarters. Clinic is co-sponsored by Brookhaven.
- The Human Services Health Outreach clinician has been working with Theater Pharmacy to provide home visits to offer vaccinations to the house-bound.
- Christine Dean gave an update on the Let's Walk program that was supported by a donation from the FCOA. The program was continued this Fall with 21 participants.
- Christine also reported that 6 stations of fitness equipment, funded by the Dana Home, have been installed at the Community Center. A grand opening celebration will be held on 9/29.
- Michelle reported that a new travel company will be needed to continue the Senior trips subsidized by the FCOA since Fox Tours is going out of business. Fox will arrange for the upcoming trips in September and October, but the trip to the Pops concert in December will be arranged by whatever new company selected.
- Michelle also reported that the subsidized lunches at the Community Center have averaged 58 people.
- Jane Trudeau asked if the subsidy for the trips should be increased but the consensus from staff and Lorain Marquis, who assists with the trips, was that the current amount is sufficient.

### FCOA 50<sup>th</sup> Anniversary:

Discussion was held about how to publicize that this is the 50<sup>th</sup> year of existence for the FCOA.

- Peter noted that he will try to get an article published in the Lexington Times magazine. He asked for photos from trips and other activities supported by the FCOA to be included with the article. It was suggested that we try to get a 2-page spread in the magazine.
- Jane suggested that we should put a poster up in the lobby of the Community Center. She will talk with Karen at Wales about getting a poster made. It was suggested that the poster be ready and displayed at Discovery Day on 10/8.
- Jane also noted that she is talking to early FCOA members. She noted that a lot of the work done at the Senior Center at Muzzey was funded by the FCOA.
- Betty Borghesani suggested that the FCOA needs to get information about its activities to the under-65 residents. She also suggested that the COA should submit a “Thank you” from the COA to the Lexington Times.

**OWLL Report:**

Jane Trudeau noted that 5 programs are scheduled for the Fall – 4 via Zoom and 1 in-person.

**Lexington LifeTimes:**

Suzanne reported that submissions are now being accepted for the Winter 2023 edition. She also noted that advertisers are needed for that edition.

**Fund Raising:**

Jane suggested that the annual fund-raising letter should include comments from early FCOA members. It was suggested that Linda Vine and Bev Kelley should be contacted for this purpose.

**Publicity:**

Janice Kennedy asked whether more bookmarks and to-do lists should be printed. Committee members will let her know if supplies are low. It was suggested that more pens should be purchased and that they should include “congratulation on 50<sup>th</sup> anniversary” text.

**Treasurer’s Report:**

- Lorain Marquis discussed the latest P&L statement.

The next regular meeting of the FCOA will be on October 20.

Respectfully submitted by

Suzanne Caton, Clerk